

# CARESIA™

MANUFACTURED BY SOLARIS

## Simplify Bandaging

During the Active  
Phase of Therapy

### About Careisia



Reduce time spent bandaging<sup>1</sup> and leave more time for Manual Lymphatic Drainage.



Help break up tough fibrotic tissue<sup>1</sup> while remaining gentle on delicate skin.



Evenly disperse irregular pressures to prevent compression hot-spots.



Machine wash and dry garment is easy to care for and maintain.



<sup>1</sup> Heim, C. (2012). *Comparative Study of Multi-Layer Lymphedema Bandaging Protocols.*

**SOLARIS**  
FREEDOM TO LIVE

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## How to Don the Caresia Arm



- 1 Fold the upper portion of your Caresia over the lower portion. Slide the folded garment onto your hand, then your lower arm.



- 2 Gently unfold the garment onto your upper arm and adjust to ensure the outer seam follows the top of your arm. Starting at your palm, apply your short-stretch bandages.

For more information about Caresia, visit [solarismed.com](http://solarismed.com).

## Easy to Care For

### Washing



- 1 Machine wash with mild detergent on permanent press.
- 2 Double rinse to remove soap residue.
- 3 Do not use fabric softener, bleach, or other additives.

### Drying



- 1 Tumble dry on permanent press.
- 2 Drying time can be shortened by laying the garment on a towel and rolling it inside the towel to collect excess water.