

Measuring Guidelines for Torso Garments

Positioning Your Client When Measuring for Torso Garments

Tribute garments are most commonly worn while the client is sleeping, therefore we usually recommend that the measurements be taken with the client in a supine position; however, we understand that it is much more difficult to measure the trunk in supine. Please indicate on the order form the position that measurements were taken (standing or supine) so that we may adjust accordingly.

Measuring Guide for Tribute Lower Torso Garments

Measuring Lengths:

For Solaris, the natural waist line is designated as zero on the measuring diagram. Length measurements are taken along the side. Use a water based marker to indicate the length reference point on the skin according to the following suggested procedure:

I to J length: We recommend that Tribute Lower Torso garments extend above the Transverse Plane or watershed. Position the tape measure with zero (0) at the waist (I), along the Coronal Plane. Measure up the torso 5cm. Dot this location with the water based marker.

I to H length: On the lateral aspect, position the tape measure with zero (0) at the waist, measure to approximately the level of the iliac crests or to the largest girth point of the hips. Dot this location with the water based marker.

I to G length: Continue to measure from the waist to the groin level as indicated on the diagram.

I to F length: Continue to measure from the waist to the level on the mid-thigh.

Straddle Length:

B: Mid-crotch reference point for straddle measurements.

Anterior Straddle Length (AS): Measure from the mid-crotch (B) to the anterior natural waist.

Posterior Straddle Length (PS): Measure from the mid-crotch (B) to the posterior natural waist.

Measuring Circumferences:

Measure and record girth circumferences for points J, I, and H on the left side of the Torso Order form. For clients with soft tissue, circumferences may be recorded as a range (i.e. waist may be recorded as 98-101 cm).

RGC/LGC: Measure girth of right leg and left leg at groin level. Record the girth.

RFC/LFC: Measure girth of right leg and left leg at mid-thigh. Record the girth.

Measuring Guide for Tribute Upper Torso Garments

Measuring Lengths:

For Tribute garments, the natural waistline is designated as zero (0) on the diagram. Length measurements are taken on the Midsagittal or Median Plane. Use a water based marker to indicate the length reference point on the skin according to the following suggested procedure:

I to H length: We recommend that Upper Torso garments extend below the Transverse Plane or watershed at the waist approximately five (5) centimeters. For most clients this point will be just above the Iliac Crest. Dot with water based marker.

I to J length: Position the tape measure with zero (0) at the waist, at the midline or Midsagittal Plane measure the length to just below the breast. Dot this location with the water based marker. Record on order form. (Disregard line location on order form.)

I to K length: Continue to measure the length to the mid-breast at the level of the nipples. Dot with water based marker.

I to L length: Measure the length to the L point (at the level of the axilla).

M length: Measure AC joint to high point shoulder (HPS) or base of neck for garments with shoulders.

N Shoulder Straddle length: With the client holding the tape measure at zero (0) measure from the midline anterior waist over the shoulder to the midline posterior waist. Record the length.

O length: Measure AC joint under axilla to AC joint for arm opening length.

Measuring Circumferences:

H: Measure the circumference of the hips. If the hips tend to be fleshy, record the girth as a range of measurements. Document the girth with the measuring tape laid on the tissue and the girth with the measuring tape taunt (ex. 98-101 cm).

I: Measure the circumference at the natural waist. If needed use girth range.

J: Measure the circumference just underneath the breast. Lift breast if necessary. (JC line appears lower on the diagram.)

K: Measure at the level indicated on the diagram. For unilateral mastectomy, measure each side independently from anterior midline to spine. Use comment section to record unilateral measurements.

L: Record circumference above breasts at the level of the axilla. Indicate breast tissue turgor on order form.